



Pineapple provides manganese, vit C, and B1 in each serving.

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# East Penn School District MACUNGIE Elementary May 2012



Contact Info: Aneita Sutton/ Paul Vlasics: Food Service Directors 610-965-1680 asutton@eastpennsd.org

Menu subject to change	Mon	Tue	Wed	Thu	Fri	<u>ALA CARTE OPTIONS:</u>
<u>Breakfast Prices</u>  \$1.10 Paid  \$.30 Reduced  <u>Lunch Prices</u>  \$1.90 Paid  \$2.25 Dominos Paid  \$.40 Reduced	May is A Healthier You month. To celebrate we are offering low sugar and whole grain cereal only at breakfast.	<b>1</b> PULLED BBQ ON A WHEAT BUN THREE BEAN SALAD FRUITED GELATIN 1/2 PINT MILK	<b>2</b> HORNET HOAGIE (HAM, SALAMI, BOLOGNA & CHEESE on a SEEDED roll) CORN NIBLETS PEACH CUP 1/2 PINT MILK	<b>3</b> MACARONI AND CHEESE STEWED TOMATOES APPLESAUCE 1/2 PINT MILK	<b>4</b> PIZZA CARROTS PINEAPPLE 1/2 PINT MILK	<u>ALA CARTE OPTIONS:</u>  <i>Mondays:</i> Nutri-Grain Bars \$.75  <i>Tuesdays:</i> W/G Jungle Cracker \$.50  <i>Wednesdays:</i> 4 oz Yogurt \$.75  <i>Thursdays:</i> Fruit Snacks \$.50  <i>Fridays:</i> Cheez Its \$1.00
	<u>Breakfast Menu:</u>  T/W/Th- Hot May Include: french toast sticks, waffles, pancakes, pizza, sausage pancake on a stick, variety of sandwiches  M/ F- Cold May Include: LOW SUGAR/ WHOLE GRAIN cereal variety, toast, muffins, whole wheat rolls, whole grain bars  Fruit and Milk are included daily	<b>7</b> MEATBALL SUB (meatballs with marinara and mozz cheese on a roll) FRESH BROCCOLI CRISP PEARS 1/2 PINT MILK	<b>8</b> HAM & CHEESE STROMBOLI (HAM, CHEESE, SAUCE ON A FLAT BREAD) GREEN BEANS MANDARIN ORANGES 1/2 PINT MILK	<b>9</b> BAKED RIGATONI (PASTA, SAUCE, CHEESE, GROUND BEEF) TOSS SALAD BANANA 1/2 PINT MILK	<b>10 NO ALTERNATE</b> SLICED TURKEY w/GRAVY WHEAT DINNER ROLL MASHED POTATOES HOT APPLE SLICES 1/2 PINT MILK	<b>11</b> WHOLE GRAIN CHICKEN PATTY ON A WHEAT BUN FRESH VEGETABLES ASSORTED FRESH FRUIT 1/2 PINT MILK
<b>14</b> BEEF SLIDERS BAKED POTATO ROUNDS PEACH CUP 1/2 PINT MILK		<b>15</b> CHICKEN AND BISCUITS WITH GRAVY GREEN BEANS CHERRY CRISP 1/2 PINT MILK	<b>16</b> TURKEY AND CHEESE HOAGIE ON SEEDED ROLL CORN NIBLETS APPLESAUCE 1/2 PINT MILK	<b>17 NO ALTERNATE</b> DOMINO PIZZA SLICE FRESH CARROTS MIXED FRUIT 1/2 PINT MILK	<b>18</b> HOT DOG ON A BUN BAKED BEANS PINEAPPLE 1/2 PINT MILK	<u>Alternate Lunch Choice</u>  M: TURKEY & CHEESE ON WHEAT BREAD  T: PIZZA  W: CHICKEN NUGGETS W/ WHEAT SLICE  Th: EGG PATTY ON A BISCUIT  F: NO ALTERNATE
<b>21</b> SALISBURY STEAK W/ GRAVY WHOLE WHEAT SLICE SCALLOPED POTATOES CRISP PEARS 1/2 PINT MILK Grade 5 Grill out Menu	<b>22</b> CHICKEN BURRITO (CHICKEN, CHEESE, RE-FRIED BEANS WRAPPED IN A TORTILLA) FRESH VEGETABLES ASSORTED FRESH FRUIT 1/2 PINT MILK	<b>23</b> HAM AND CHEESE ON A CLUB ROLL ROASTED GARBANZO BEANS HOT APPLE SLICES 1/2 PINT MILK Grade 3 Grill out Menu	<b>24</b> SPAGHETTI & MEATBALLS SLICED WHEAT BREAD TOSS SALAD MANDARIN ORANGE CUP 1/2 PINT MILK	<b>25</b> PIZZA STICKS W/ MARINARA DIPPING SAUCE FRESH CARROTS ASSORTED FRESH FRUIT 1/2 PINT MILK	We may offer a sunbutter and jelly sandwich on occasion. These sandwiches contain NO peanut/tree nut products	
<b>28</b> NO SCHOOL  Bottled water is available daily 8 oz \$.50	<b>29</b> CRISP FISH STICKS CORN NIBLETS PEACH CUP 1/2 PINT MILK	<b>30</b> CHICKEN CORDON BLEU ON A WHEAT BUN (CHICKEN, HAM SLICE, CHEESE) GARDEN PEAS FRUITED CAKE 1/2 PINT MILK	<b>31 NO ALTERNATE</b> CHICKEN STRIPS WHEAT SLICE BREAD FRESH CARROTS APPLESAUCE 1/2 PINT MILK			