



Pineapple provides manganese, vit C, and B1 in each serving.

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East Penn School District WESCOVILLE Elementary May 2012



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Menu subject to change	Mon	Tue	Wed	Thu	Fri	<p>May is A Healthier You month.</p> <p>To celebrate we are offering low sugar and whole grain cereal only at breakfast.</p> <p>We are also offering whole grain toast, whole grain muffins, and whole grain cinnamon buns.</p> <p>We may offer a sunbutter and jelly sandwich on occasion. These sandwiches contain NO peanut/tree nut products.</p> <p>Daily milk offering</p> <p>FAT FREE Chocolate, FAT FREE Strawberry, 1% White and Skim</p> <p>Bottled water is available daily 8 oz \$50</p>
<u>Breakfast Prices</u>		<u>1</u> PULLED BBQ ON A WHEAT BUN THREE BEAN SALAD FRUITED GELATIN 1/2 PINT MILK	<u>2</u> HORNET HOAGIE (HAM, SALAMI, BOLOGNA & CHEESE on a SEEDED roll) CORN NIBLETS PEACH CUP 1/2 PINT MILK	<u>3</u> MACARONI AND CHEESE STEWED TOMATOES APPLESAUCE 1/2 PINT MILK	<u>4</u> PIZZA CARROTS PINEAPPLE 1/2 PINT MILK	
\$1.10 Paid \$.30 Reduced						
<u>Lunch Prices</u>						
\$1.90 Paid \$2.25 Dominos Paid \$.40 Reduced	<u>7</u> MEATBALL SUB (meatballs with marinara and mozz cheese on a roll) FRESH BROCCOLI CRISP PEARS 1/2 PINT MILK	<u>8</u> HAM & CHEESE STROMBOLI (HAM, CHEESE, SAUCE ON A FLAT BREAD) GREEN BEANS MANDARIN ORANGES 1/2 PINT MILK	<u>9</u> BAKED RIGATONI (PASTA, SAUCE, CHEESE, GROUND BEEF) TOSS SALAD BANANA 1/2 PINT MILK	<u>10</u> SLICED TURKEY w/GRAVY WHEAT DINNER ROLL MASHED POTATOES HOT APPLE SLICES 1/2 PINT MILK	<u>11</u> WHOLE GRAIN CHICKEN PATTY ON A WHEAT BUN FRESH VEGETABLES ASSORTED FRESH FRUIT 1/2 PINT MILK	
<u>Breakfast Menu:</u>						
T/W/Th- Hot May Include: french toast sticks, waffles, pancakes, pizza, sausage pancake on a stick, variety of sandwiches	<u>14</u> BEEF SLIDERS BAKED POTATO ROUNDS PEACH CUP 1/2 PINT MILK	<u>15</u> CHICKEN AND BISCUITS WITH GRAVY GREEN BEANS CHERRY CRISP 1/2 PINT MILK	<u>16</u> TURKEY & CHEESE HOAGIE ON A SEEDED ROLL CORN NIBLETS APPLESAUCE 1/2 PINT MILK	<u>17</u> DOMINO PIZZA SLICE FRESH CARROTS MIXED FRUIT 1/2 PINT MILK	<u>18</u> HOT DOG ON A BUN BAKED BEANS PINEAPPLE 1/2 PINT MILK	
M/ F- Cold May Include: LOW SUGAR/ WHOLE GRAIN cereal variety, toast, muffins, whole wheat rolls, whole grain bars						
Fruit and Milk are included daily	<u>21</u> SALISBURY STEAK W/ GRAVY WHOLE WHEAT SLICE SCALLOPED POTATOES CRISP PEARS 1/2 PINT MILK	<u>22</u> CHICKEN BURRITO (CHICKEN, CHEESE, RE-FRIED BEANS WRAPPED IN A TORTILLA) FRESH VEGETABLES ASSORTED FRESH FRUIT 1/2 PINT MILK	<u>23</u> HAM AND CHEESE ON A CLUB ROLL ROASTED GARBANZO BEANS HOT APPLE SLICES 1/2 PINT MILK	<u>24</u> SPAGHETTI & MEATBALLS SLICED WHEAT BREAD TOSS SALAD MANDARIN ORANGE CUP 1/2 PINT MILK	<u>25</u> PIZZA STICKS W/ MARINARA DIPPING SAUCE FRESH CARROTS ASSORTED FRESH FRUIT 1/2 PINT MILK	
	<u>28</u> NO SCHOOL	<u>29</u> CRISP FISH STICKS CORN NIBLETS PEACH CUP 1/2 PINT MILK	<u>30</u> CHICKEN CORDON BLEU ON A WHEAT BUN (CHICKEN, HAM SLICE, CHEESE) GARDEN PEAS FRUITED CAKE 1/2 PINT MILK	<u>31</u> CHICKEN STRIPS WHEAT SLICE BREAD FRESH CARROTS APPLESAUCE 1/2 PINT MILK		