



August 2011

To Parents/Guardians of East Penn School District Students:

Here at the East Penn School District Food Service Office, we are trying our best to provide the most nutritional, as well as creative, food items on our menus.

We are continuing with only allowing **one slice** of Dominos per Elementary student, and a **two slice** limit for all middle school students. Please do not misunderstand; **we will still sell one slice** of Domino's one day per month per Elementary school. Included with this slice of pizza are two sides and milk. The meal will still be a reimbursable meal (\$2.25) and all students on the federal program will still have the discounted meal pricing for this lunch. The Domino's slice is not a smaller slice than our normal menu pizza, so no student should go hungry with only one slice of pizza.

We have decided to continue the negative balance substitute meal plan (cheese sandwich). Our efforts in keeping the lunch account debt to a minimum has been very successful. Letters informing you of the current **debt** will be sent home to Elementary students twice per week. You may also call or email our office at any time to obtain the current student lunch balance. Also available for FREE is the MyLunchMoney.com online lunch account monitoring system. As parents you may track all cafeteria purchases daily or weekly on this site. You can also set up daily/weekly spending limits. **NOTE: please reset all limits from last year to update and include the new breakfast and lunch prices (\$2.25 Dominos)!** Deposits may be made online as well for a small transaction fee. Please check out the site and sign up today.

Therefore, starting October 17, 2011, any East Penn student who incurs an outstanding negative cafeteria balance greater than -\$6.00 will be provided a United States Department of Agriculture (USDA) approved lunch composed of a cheese sandwich, a vegetable, a fruit and milk. Negative balances from the 2010-2011 school year will be carried over to the new school year. Note: Students who participate in the federally funded reduced cost or free lunch program who also incur negative cafeteria balances in excess of -\$6.00 will be required to use the USDA lunch noted above. Also please be sure to have sufficient funds for milk (if packing) in your students account. There will be NO borrowing on the account for milk, a cup for water will be provided if there is a lack of funds.

If there are any questions or concerns regarding these procedures, please direct all calls or emails to the Food Service Directors, Aneita Sutton & Paul Vlasics at 610-965-1680, [asutton@eastpennsd.org](mailto:asutton@eastpennsd.org), NOT your student's school office. Thank you for your understanding and cooperation in the matter.

Sincerely,  
Aneita Sutton  
Paul Vlasics  
Food Service Director  
East Penn School District



August 2011

Dear Parents;

We are writing to inform you of the school lunch process, procedures, in regards to a debt in a students lunch account. If a student does not have money in their lunch account at the register during lunch these are the following procedures we practice:

1. No student will be denied a complete lunch ever
2. The student will be asked if they have any money with them today for their lunches, if No- we remind them to bring some money in, they do not have any in their lunch account
3. The student will not be allowed any ala carte items during that particular meal; meaning we will take extra items if any from their tray that day (or ask them to put x item back)
4. Any money given from the student will be applied to their account debt first before allowing ala carte items to be purchased

Ala carte items include:

Single serving of fruit or vegetable if not part of the school meal  
Single serving of milk if not part of the school meal  
Any bagged or prepackaged items- teddy grahams, pretzels, fruit snacks, 8 oz water, nutri-grain bars, 4 oz yogurts, string cheese

5. If more then \$6.00 is owed on any particular day that student will receive a substitute lunch approved by the Government and the school district until their account is below - \$6.00. The substitute lunch includes a cheese sandwich, a fruit of their choice, a vegetable of their choice, plus milk.

Further questions or concerns may be directed to our Food Service office at 610-965-1680 or email [asutton@eastpennsd.org](mailto:asutton@eastpennsd.org)

Sincerely,  
Aneita Sutton  
Paul Vlasics  
Food Service Directors  
East Penn School District

## Emmaus High Food Service FAQ sheet

EHS café is very similar to our other schools lunch programs. We participate in the National School Breakfast and Lunch Program/Wellness Program. We have an online/touch screen lunch account system- SNAP or My lunch money which works the same as in past years (a separate flyer is available for those new families about our SNAP program). Below we highlight some important changes and information for you as a new Emmaus High School Student.

- School breakfast price is \$1.10; reduced \$.30; free is free (served 6:45 am to 7:20 am)
- School lunch price is \$2.00; reduced price \$.40; free is free- Dominos \$2.25
- See our webpage for ala carte choices and prices
- Also listed on the website is all of the nutritional information for items we serve (if there is no nutritional info on the packages)

School Lunch- how to get the most for your money!

- To make a complete school lunch (\$2.00) you must take any combination of three out of five components we offer daily. ASK ANY EMPLOYEE if unsure how to make the meal. We are very friendly.
- Five components include: 2 oz meat/meat alternate, 1 serving of bread, ½ cup of fruit, ½ cup of vegetable, 8 oz carton of milk.
  - Ex: Pizza (1 bread-crust, 2 oz meat alt- cheese)- not a meal
  - Ex: Pizza with 1 side (1 bread, 1 meat alt, ½ cup fruit or vegetable)- meal
  - Ex: Pizza, 2 sides, milk (1 bread, 1 meat alt, ½ cup fruit and ½ cup vegetable, 8 oz milk)- meal (you may get two fruits or two vegetables verses one of each)
- **VERY IMPORTANT NOTE: THERE IS NO BORROWING FOOD OR MONEY FROM THE FOOD SERVICE OFFICE OR CASHIERS IF YOU FORGOT YOUR LUNCH MONEY.**

My Lunch Money- online account system.

- Parents you may track daily your students eating habits and daily spending amounts. Go to: [www.mylunchmoney.com](http://www.mylunchmoney.com) and put daily, weekly or monthly spending limits on the account, or just check your students lunch account balance total. Online deposits can be made from this site for a small transaction fee. Low balance notices, auto pay or refill is also an option on this site.

Lunch Stations: Look around the entire café before making your decision- we know it is BIG and CROWDED! Don't worry though- you have more than enough time to purchase your meal and eat.

- We offer many varieties each day for you as students to choose from. Our bars include:
  - Main bar- look at our daily menu online for this offering
  - Alternating Pasta/Mexican bar
  - Deli bar- made to order sandwiches;
  - Panini Sandwiches- hot deli sandwiches- 2 varieties daily
  - Pizza station- homemade pizzas, two varieties daily
  - Hot grab and go sandwiches- two varieties daily
  - Salad station with a variety of pre-made box salads
  - Boxed sandwiches - 5 varieties each daily
  - Fruit, Vegetable, and Yogurt bars are also available daily as well

***Aneita Sutton/ Paul Vlasics- Food Directors 610-965-1680/ asutton@eastpennsd.org***